

Celebrity Buzz

Rumours of romance between Brit, agent
pg 18



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New Moon

All this week, Metro Canada is giving you a look behind the scenes of New Moon, the newest film in the TWILIGHT series. TODAY — An interview with actress Kristen Stewart, pg 17 FRIDAY — An interview with actor Robert Pattinson



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Edmonton grew by roughly 30,000 people between 2008 and 2009, according to new census figures. Consequently, the city needs more cash to accommodate the growth, says a city staffer.

Leaps and bounds

More cash needed for rising population: City manager

JEFF CUMMINGS
jeff.cummings@metronews.ca

The city will be in dire need of provincial and federal cash because Edmonton is suddenly much bigger, says Al Maurer, the city's manager.

Edmonton grew by roughly 30,000 people between 2008 and 2009 making the city's population officially stand at 782,439, as of April 1, according to census figures released yesterday.

That's up from 752,412

from the same time last year, figures show, and Edmonton's annual growth has averaged somewhere between 12,000 to 13,000 new residents over the past several years.

Maurer, who compared the growth to a small Alberta city, says getting funding from the provincial and federal government to pay for things such as police and roads could be much easier based on the city's new population.

"We do have a challenge and part of the problem is

our costs are not slowing down in a lot of areas," said Maurer.

But Mayor Stephen Mandel says the new growth in Edmonton isn't going to "overload the system."

"If we would have had 200,000 people come within a year, that would put an unbelievable amount of pressure on (the system)," said Mandel. "But 30,000 people is something the city should withstand quite reasonably."

Roughly 20 per cent of the new growth included new residents between the

ages of 25 to 34, according to figures from this year's count that city coffers paid \$1.7 million for.

"(This) shows the resilience of our city," said Mandel. "Those individuals are looking to build a future for themselves."

The city says a similar count will be done in 2010 and an extensive count that will include a longer form will be done the year after.

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Guard slain in attack on Holocaust museum

CRIME An elderly gunman linked to an anti-Jewish website killed a security guard at the U.S. Holocaust Memorial Museum in Washington yesterday and was wounded when guards returned fire, officials said.

The guard, Stephen Tyrone Jones, died at a local hospital after being shot with a rifle, officials said. The museum said it would be closed today in his honour.

"There are no words to express our grief and shock over these events," the museum said in a statement.

The gunman was in critical condition after the incident, authorities said.

A federal law enforcement official said investigators had identified James W. von Brunn, 88, as the potential suspect and linked him to a website that expresses anti-government and anti-Jewish sentiments.

U.S. President Barack Obama said he was "shocked and saddened" by the shooting.

"This outrageous act reminds us that we must remain vigilant against anti-Semitism and prejudice in all its forms," Obama said, adding that his thoughts and prayers were with the family of the "courageous security guard who stood watch at this place of solemn remembrance."

The museum, a memorial to the six million Jews killed by Nazis in the Holocaust, is near the National Mall.

REUTERS



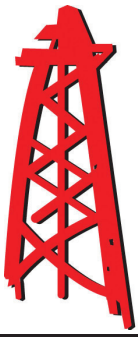
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Increase in spousal violence incidents worries group

The Alberta Council of Women's Shelters says it's concerned that Edmonton police have attended 31 per cent more spousal violence incidents in the first quarter of 2009 than in the previous three months. **METRO EDMONTON**

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Local



Get your boxers on and go for a run

Looking for an outdoor activity on June 20? Watch a group of do-gooders run around in their underpants. The five- and 10-kilometre runs will support cancer treatment. For more information, visit uncoverthecure.org.

METRO EDMONTON

Helping oil workers with addictions

VICTORIA HANDSIDES
victoria.handysides@metronews.ca

Dope- and booze-fueled workdays are becoming all too common for oil patch workers, addiction survivors and front-line workers say, inspiring the urgent need for specialized treatment.

"Most of the guys up

there either know how to work, or abuse drugs and alcohol," said Serenity Ranch founder Jim Gray. "It's killing people up there."

Easy money, separation from family and days away from civilization at isolated work camps are the ideal combination for temporary solace found by escaping in substances, recovering ad-

"By the time I was ready to come out of camp, I was ready to explode. To deal with that, I drank."

Don McKim, oil patch worker and recovering addict

dict and oil patch worker Don McKim said.

"People realize this is our main industry in Alberta, but they don't realize how different it is, and how

tough it is to be right in it," he said. "By the time I was ready to come out of camp, I was ready to explode. To deal with that, I drank."

McKim said he owes his

life to a specialized treatment program in central Alberta, modified to give oil and gas industry workers an "in-camp" experience.

Serenity Ranch was designed with the growing needs of the province's chief export workers in mind. The facility, located east of Lacombe, was previously a prison camp, pur-

chased from the province.

In an era of recession-inspired layoffs, oil patch workers in the grip of addiction are flocking to the centre in greater numbers than ever before, in hopes of returning to work with coping mechanisms, Gray said.

"This program is essential — it's saving lives," McKim said.

metronews.ca

What's online today.

Video Lisa Raitt delivers an emotional apology over 'sexy' cancer comment at metronews.ca/canada

Video Routine foot patrols for soldiers in Afghanistan are typically anything but at metronews.ca/canada

Blogs Hollywood Rants on rumours that Liam Neeson will star in an upcoming A-Team movie

Lotteries

Lotto 6/49: 9, 27, 28, 40, 45 & 48. Bonus 24. These results are not official.

FlareFashion

Lisa Tant

Read the blog at metronews.ca/flarefashion



Grade 4 teachers Patti Flegler, left, and Jackie Fetter try to add a little wind to the St. Mary's Catholic School's newly unveiled wind turbine yesterday.

School finds energy answer blowing in the wind

Sunny Side

CANDICE WARD
for Metro Edmonton

TURBINE The ability to sharpen a pencil with a simple gust of wind is no longer a pipe dream for one Edmonton school.

St. Mary's Catholic School

celebrated the unveiling of its new wind turbine yesterday, which provides power to some of the school's smaller electronics, such as electric pencil sharpeners and printers.

"This has been a wonderful journey for the students," said Patti Flegler, a Grade 4 teacher at St. Mary, in a press release.

Partnered with BP energy,

St. Mary's vision has taken two years to achieve, but has brought a hands-on element to students when learning about renewable resources.

"I think it has given (the students) an opportunity to take ownership and leadership roles in looking at their roles in the future on how they are going to use energy," said Flegler.

Proceedings against Syncrude postponed

VICTORIA HANDSIDES
victoria.handysides@metronews.ca

TOXIC PONDS A resolution to the situation that saw flocks of ducks perish in a toxic tailings pond one year ago hangs in the balance, as Syncrude's legal team has postponed proceedings until September.

Crown and company officials will return to court in the fall to decide whether Syncrude will oppose the federal government's constitutional right to charge the company with the ducks' deaths.

Syncrude has yet to enter a plea, but three months' court time has been set aside in the event of a trial.

Company spokesman Alain Moore said yesterday the company is weighing its options.

"We're very much still in analysis mode, and will make that decision as we

go forward, but have not yet made that decision," he said.

The world was originally told that only 500 ducks died when they landed in the toxic runoff at the company's Aurora North Site mine facility north of Fort McMurray last April. In March, Syncrude officials said 1,606 ducks actually died.

Greenpeace spokesman Mike Hudema said the possibility of a constitutional challenge makes the company's previous apologies ring hollow.

"The fact that they're not even willing to accept the minimum penalties they could get, and instead are trying to challenge it, show the company isn't taking responsibility for what they've done."

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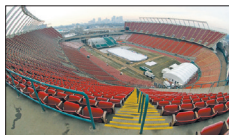
The Minister of Culture and Community Spirit is meeting with cultural leaders on a tour of six Alberta communities this month. Meetings will be held in Edmonton (June 11), Calgary (June 22), Red Deer (June 17), Fort McMurray (June 24), Grande Prairie (June 19) and Lethbridge (June 27). **METRO EDMONTON**

New centre breaks ground at Commonwealth

FACILITY Construction has begun on the new North Central Community Recreation Centre at Commonwealth Stadium.

Mayor Stephen Mandel said the new facility will change the way we look at traditional sports and recreation centres.

The project is expected



Commonwealth Stadium

to cost \$112.5 million, with contributions from

the City of Edmonton, the Government of Alberta and the Edmonton Eskimos.

The new recreation centre and fieldhouse will benefit amateur and professional sports groups, as well as Edmonton in the future, said a release from the City of

Edmonton.

The fieldhouse and recreation centre will open to the public in early 2012, according to the release.

METRO EDMONTON

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Ontario's adoption records are now open.

visit www.ontario.ca/adoptioninfo

Effective June 1, 2009, Ontario's adoption records are open. This means that adopted adults and birth parents can apply for post-adoption birth information from birth records and adoption orders.

An adopted adult, 18 years of age or older, can now apply for a copy of his or her original birth registration and adoption order. A birth parent can receive information from the birth registration and adoption order of the child that was placed for adoption once that child turns 19 years old.

If you want your identifying information kept private, and if the adoption order was made before September 1, 2008, adopted adults and birth parents can file a disclosure veto.

To learn more about your right to information and privacy regarding adoption, visit www.ontario.ca/adoptioninfo or call 1-800-461-2156 (TTY 416-325-3408).

Paid for by the Government of Ontario.



Louis Saha, left, and his Everton team are set to meet Argentina's River Plate at Commonwealth Stadium in July.

World soccer friendly in city

Fans of the beautiful game, otherwise known as soccer, will witness a major international treat this summer.

Everton FC, one of the best in the English Premier League and River Plate, a giant in Argentinean soccer, will go toe-to-toe at the Commonwealth Stadium on July 25, officials from Alberta Soccer Association (ASA) and Canadian Major Indoor Soccer League (CMISL) announced yesterday.

CMISL president Mel Kowalchuk, who has been working tirelessly to secure some of the biggest names in European soccer, said organizing the friendly was a long time coming, given Edmonton's somewhat modest profile in international soccer.

Everton FC advanced to the FA Cup Final by defeat-

Matchup

- Besides Saha, other top Everton players include keeper Tim Howard, midfielder Tim Cahill and captain Phil Neville.
- Big names from the River include Alfredo di Stefano, Daniel Passarella, Leopoldo Luque, Mario Kempes, Oscar Ruggeri and Gabriel Batistuta.

ing Manchester United. Everton's Louis Saha scored the fastest goal in FA Cup final history — just 25 seconds into the match.

River Plate has been ranked as the best football club in the world six times in the monthly IFFHS club world ranking and has been one of the most prominent teams in South America.

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Russia downplays conflict worries

Russia yesterday played down worries of a possible armed conflict in the Arctic, which includes part of Canada, over control of the region's potentially huge mineral riches. **REUTERS**

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Canada

Sri Lanka boots Rae

MP says he was asked to disavow statements

Bob Rae says he was asked to sign a document disavowing comments the Sri Lankan government deemed sympathetic to the Tamil Tigers shortly before he was ejected from the war-ravaged country.

The Liberal MP and former Ontario premier arrived in Colombo, the capital, late Tuesday armed with an entry visa and flanked by two officials from the Canadian High Commission.

He was there to meet with aid groups and officials from the United Nations' refugee agency, as well as to assess the physical and emotional wreckage one month after the end of a 25-year civil war with Tamil separatists.

But the Liberal foreign

"They gave me a thing that I could sign — that they might reconsider the decision ..."

Bob Rae

affairs critic was flagged by a border agent upon arrival at the Bandaranaike International Airport.

Fifteen minutes after the customs official took his Canadian passport for further investigation and several telephone calls, Rae learned he was being denied entry to Sri Lanka.

There was no reason given. The clock was ticking down to midnight. Appeals to senior immigration officials were fruitless.

So Rae, a man who spent his 25th wedding anniversary travelling with his wife through Sri Lanka in 2005, went to sleep in the airport, waking a few hours before his forced departure.

"We finally got a message saying that if I admitted that I had made statements that were ill-informed or something like that — and they gave me a thing I could sign — that they might reconsider the decision," Rae, who has travelled 10 times to the country in the past decade, said by telephone from London.

No one would tell him what specific statements had so offended the government so he refused to sign the document.

TORSTAR NEWS SERVICE

Raïtt says she regrets remarks

POLITICS It began to dawn on Lisa Raïtt during the uproar in question period Tuesday over an audiotape of her embracing a medical isotope shortage as a "sexy" political career challenge: A staunch defence of her record wasn't enough.

Hammered by the opposition, and then overnight in the media across the country by cancer sufferers and their families, the natural resources minister moved less than 24 hours later to do what she'd refused the day before.

"I want to personally communicate my deep regret for wording I used in a private discussion earlier this year which was inadvertently recorded," Raïtt said.

"As somebody who has been in their personal life deeply affected by cancer, my intent was certainly not to show any disrespect



Minister of Natural Resources Lisa Raïtt pauses during a news conference yesterday on Parliament Hill. She expressed regret over a comment calling an isotope shortage a "sexy" challenge.

for cancer victims, survivors or their families. However, it's clear that these remarks have been interpreted in that way. So

I want to offer a clear apology to anyone who's been offended by what I've said," added Raïtt.

TORSTAR NEWS SERVICE

Opposition to mull over budget report

POLITICS Prime Minister Stephen Harper will unveil a key budget progress report today, which opposition parties will evaluate to decide whether they will try to topple his minority Conservative government.

The report will update forecasts on a federal bud-

get deficit that is already expected to exceed \$50 billion, and detail how much has been spent to stimulate the recession-hit economy.

The release of regular reports on the deficit and on stimulus spending was a key demand from the Liberals.

The Conservatives were re-elected in October and there is little appetite in Canada for a summer election. The government has said the deficit would be a good 50 per cent higher than forecast in the January budget.

REUTERS

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For more information, visit www.cibc.com/youthvision

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World

UN agrees to sanctions

World powers yesterday agreed to expand sanctions to punish North Korea for its recent nuclear test and weapons program, as Russia said it expected the North to launch another provocative missile test.

The draft UN sanctions resolution, written by the United States and endorsed by the four other permanent Security Council members, plus Japan and South Korea, was discussed at a closed-door meeting of the 15-nation Security Council. The end result reflected compromises to satisfy Chi-

Nuclear-free?

- Russian Prime Minister Vladimir Putin said yesterday he was in favour of a world free of nuclear weapons if other countries were willing to pursue the same goal. Speaking at a news conference, Putin said: "Why do we need nuclear weapons? If other nuclear states are ready for (a nuclear-weapons-free world), we are, too."

nese and Russian objections. Beijing and Moscow had opposed language in earlier drafts requiring all

countries to inspect North Korean ships carrying suspicious cargo that might violate a partial UN trade and arms embargo. In the latest version, the Security Council calls upon states to inspect suspicious sea, air and land cargoes but does not demand it. North Korea has angered the region in the past few weeks with missile launches, threats to attack the South and a nuclear test, prompting U.S. and South Korean forces to raise a military alert on the peninsula to one of its highest since the 1950-53 Korean War. **REUTERS**

Iran Ahmadinejad rally



A woman reacts yesterday at a rally for Iranian President Mahmoud Ahmadinejad, where he accused election rivals of adopting smear tactics used by Adolf Hitler, and saying they could face jail time for insulting him.

Women lead rise in cocaine use

LONDON Cocaine use in England rose substantially in the five years to 2008, a nationwide study said yesterday. London was described as the epicentre of cocaine use in England, with an estimated 47,000 users. Other regions are catching up and all sections of society are part of the trend, the report said. It also found that women's cocaine use had shot up and almost matched men's consumption. The England-wide average of individuals aged 16-59 who had used cocaine at least once in rose from 55.7 per thousand people in 2002-03 to 72.5 per thousand in 2007-08. **REUTERS**

Pandemic declaration near?

FLU The World Health Organization has called an emergency meeting of experts today to discuss the spreading outbreak of influenza A (H1N1), also known as swine flu, in a sign the UN agency may be poised to declare a pandemic.

WHO director-general Margaret Chan was drawing up her own evaluation ahead of the meeting.

The WHO declined to say whether it would declare a full-blown pandemic after the closed-door talks.

WHO spokesman Gregory Hartl said the expert committee would consult "on the state of the outbreak."

The strain, which emerged in April in Mexico

and the United States, has spread widely in places including Canada, Australia, Britain, Chile and Japan.

The agency said Tuesday it was on the verge of declaring the first influenza pandemic in more than 40 years.

Chan, a former health director in Hong Kong, has previously consulted the group of international experts before raising the alert level.

Confirmed community spread in a second region beyond North America would trigger moving to Phase 6 — signifying a full-blown pandemic — from the current Phase 5 on the WHO's 6-level pandemic alert scale. **REUTERS**

Chrysler to restart production: CAW

Vehicles could be rolling off the assembly lines at Chrysler Canada plants within three weeks as the company's parent pulls away from bankruptcy protection with a new partner following a two-month shutdown, according to the Canadian Auto Workers union. **TORSTAR NEWS SERVICE**



7

Business

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EDITOR: FERMIN.DESOUZA@METRONEWS.CA

Odd tricks for job hunters

U.S. survey finds creativity on rise with desperation

U.S. job seekers are using unusual gimmicks to grab the attention of potential employers, such as in one case sending a shoe along with a resumé to get a "foot in the door," said a survey released yesterday.

Almost a fifth of hiring managers report seeing more unconventional tactics this year, compared with 12 per cent who said so last year, according to the study by CareerBuilder.com, an online jobs site.

Faced with the highest unemployment in 25 years in the United States, candidates are trying a variety of tricks, including handing out resúmes at traffic lights; washing cars in a company parking lot; staging a sit-in in a company lobby to demand a meeting with a director; and going to the same barber as the company chairman to have the barber speak on his behalf.

"The search for employment is taking longer and is more competitive than it has been in past years,"

Personal touch

- The survey includes reports of job hunters sending a cake designed as a business card with the candidate's picture and handing out personalized coffee cups.

said Jason Ferrara, senior career adviser at CareerBuilder, in a statement. "To compensate, some candidates have turned to extreme tactics."

But to anyone considering such tactics, he cautioned: "While unusual job search antics may attract the attention of hiring managers, they need to be done with care and professionalism so that candidates are remembered for the right reasons."

The online survey was conducted for CareerBuilder by Harris Interactive among 2,543 full-time hiring managers and human resource professionals.

REUTERS

Business in brief

TRADE Canada unexpectedly posted a trade deficit in April on slumping exports, showing the economic crisis is still biting despite talk of a recovery. The deficit for April was \$179 million, the third time the bal-

ance had slipped into the red since December. Until that month, Canada had posted surpluses for almost 33 years. **HOUSING** The prices of new homes in Canada in April fell by 0.6 per cent from March

and by three per cent from April 2008, the largest year-on-year decline for more than 17 years, Statistics Canada said yesterday.

WIND New rules proposed by the Ontario government

would forbid the placement of large wind turbines closer than 550 metres to a residence, a distance that could affect the economic viability of many wind projects across the province. **METRO NEWS SERVICES**

mademoiselle's secrets

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the **Bay**

Comment & Views

EDITOR: MIKE.DEREZYCKY@METRONEWS.CA

Comment

Life too short for feuds

Relating

Steve Collins

metronews.ca/collins

Now that U.S. President Barack Obama is back from his make-nice mission to the Middle East, perhaps Air Force One could drop him off in southern Ontario to tackle another intractable conflict.

One of my headaches with this column is striking the balance between drawing on personal experience and messing with my relationships by writing about them. Scientists cite the "observer effect," whereby the very act of observing a phenomenon affects the phenomenon itself. Also, there's always

the risk that those chronicled will kick my ass.

And so it is with some trepidation that I refer to a nasty squabble in my family. My grandparents were, until recently, living with my aunt, my cousin and her husband. Hostilities ensued, as is not unknown in this family. Gory details spared, the upshot is the grandparents are now out of the house, with hard feelings all round.

The dispute has united the family, which is nice, but united them against the aunt, the cousin and the husband, which is less so. I went to the house with assembled relatives last weekend to retrieve Grandma and Grandpa's remaining possessions and, of course, chew over the accumulating grievances.

As with any good familial donnybrook, money plays a central role in this one. Over the course of the

On the web

For more views on relating, go to Love Bytes at metronews.ca/blogs

weekend, I also heard disagreements and contention about, among other things, humidifiers, tables, wine, grass, hairdressing and dolls.

Of course, it's really not about any of this trivia, or even the (not insignificant) money. When family fights, it's about everything. Old grudges have a way of bubbling back up, and some unspeakable things can be spoken.

Perhaps, mercifully then, neither side is currently speaking much to the other, except in increasingly legalistic emails. Instead, the two factions consult mostly amongst themselves, reinforcing and magnifying the transgressions of the others, justifying harsher and harsh-

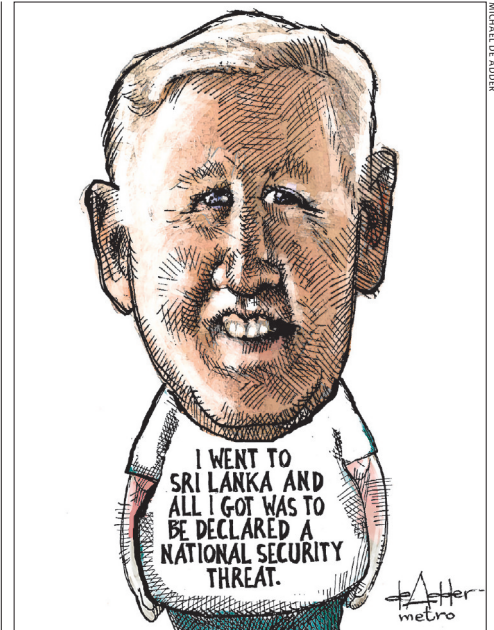
er sanctions.

There have also been bright spots of reasonableness, the uncle attempting to keep heads cool and stick to the issues, my sister just visiting with her pariah cousin and chatting about everything but the elephant in the family room. I got to take a road trip with my mom, see some family members I hadn't in a couple of years, read to my nephew and get the most heart-swelling hug from the little guy in return.

There are practical matters that need settling, but after that, I worry about how long the bitterness will last. My grandparents are in their 80s. There really isn't time to waste on a prolonged and pointless estrangement.

Life's too short. It was too short yesterday.

Steve Collins offers his best guesses on relationships for Metro every two weeks.



MICHAEL DE ADOR

Letters

Game on! More than enough rhymes with hockey

Re: No rhyme nor reason (June 8)

I love Anne Hines' column and look forward to it each Monday.

But wait a minute — not enough rhymes with hockey? Game on!

Here is a poem entitled Hip Hop Hockey:

Hey I love hockey
I love the sticks the kicks the tricks
They try to block me
To box me clock me
But hey y'all I'm a Canuck
A hockey donkey kong rock me
I'm scorin' now

See, yo, him Mr. walkie-talkie hockey jockey
He gawk at me, see
He sock me talk to me
Now but don't you go

mock me
Me get de goalie see
I meet he in the net I bet
he set to talk now
'Bout the puck goin' down
down down
Downtown oh yeah

Bunnies love me play the hockey
They talk me walk me stalk me
They shock me
I try block them with my stick don't do the trick
They say hey rocky dock me knock me
Oh oh
I be goin' to the rink now
no need to think they wink wink
Oh man they crazy these bunnies

Oh yeah
Walk me walk me walk me
walk me
Hey hockey

STEPHEN LAWSON, TORONTO

Views

Feminism battleground is women's bodies

FourthWave

Canice Leung

metronews.ca/fourthwave

In the wake of the unsettling shooting death of abortion provider George Tiller last week, and the release of *The Purity Myth* — a new book by feminist.com founder Jessica Valenti — it's clear: Today's feminism battleground is women's bodies.

In it, Valenti warns of the rise of the purity movement, which she says seeks to protect virginity — a term without medical definition, she discovers — amid a "girls gone wild" world of promiscuity. What it unintentionally does, she argues, is polar-

ize women: "(Girls') sexuality as 'good' — worth talking about, protecting and valuing — and women's sexuality, adult sexuality, as bad and wrong."

I was floored to read about the movement's attempts to "protect" young women: Purity balls (in which daughters ceremonially pledge their purity to their fathers) or scaring them into chastity by pushing false facts through U.S. government-funded abstinence education. (Premarital sex lowers your GPA, abortions put you at risk of breast cancer, and contraception doesn't work anyway, didn't you know?)

She dives into some fraught and timely territory, highlighting abortion "informed consent" laws in the U.S. that require doctors to tell women they

are "ending a human life" or show ultrasound images of the fetus to the woman. "Its purpose is to shame women into thinking that if they really knew they were getting an abortion ... they wouldn't have one," she writes.

The movement's goal is more insidious than just pushing purity, Valenti argues. Throughout the book, she shows how such practices reinforce notions that women are not responsible enough to manage their sexuality.

No clearer is that message than with Tiller's death. After all, there are few greater political statements than to take away the means for a woman to control her own body.

The shooting death is, in a word, unfeminist. It's not a matter of political opinion or religious belief. It's not the right of Scott

Roeder, who has been charged in Tiller's death, or anyone else, to tell a woman what to do.

Tiller's family announced Tuesday it would shutter his clinic, leaving only two other providers of late-term abortions in the U.S. — a thought not lost on anti-abortion blogger Jill Stanek, who posted names and photos of these two clinics three days after his death.

Reproductive freedom — from intercourse to birth (or termination) — is under attack. Feminist battles have been fought and supposedly won, but somehow the ability for women to assert control over our own bodies diminishes still.

Canice Leung was a former editor of *Ryerson University feminist magazine McClung's*, copy editor at *Metro*, ardent feminist and loudmouth.

Quote of the Day

"Frankly, it probably should have happened (Tuesday). She was a little shell-shocked and, what can I say? It's never too late to do the right thing."

— KORY TENEYCKE, COMMUNICATIONS DIRECTOR FOR PRIME MINISTER STEPHEN HARPER, TALKING ABOUT YESTERDAY'S APOLOGY BY NATURAL RESOURCES MINISTER LISA RAITT.

Tell us your views by email to edmontonletters@metronews.ca or comment on metronews.ca or on Twitter @metroedmonton

Letters must include sender's full name, address and phone number — street name and phone numbers will NOT be published. We reserve the right to edit letters.

Jets sign draft pick to rich contract

The New York Jets yesterday reached an agreement on a contract with the fifth overall pick in the 2009 NFL Draft, quarterback Mark Sanchez. The team didn't announce terms of the deal, but several reports say it's a five-year contract worth up to \$60 million US. That would make Sanchez the highest-paid player in Jets history. **METRO NEWS SERVICES**

9

Sports



Ronaldo to visit Canada?

It appears Canadian soccer fans will be treated to one more international superstar on Aug. 7 when Toronto FC hosts Real Madrid. Cristiano Ronaldo, left, reportedly met with Real Madrid doctors in L.A. yesterday. The international transfer window opens July 1, at which time Ronaldo is expected to join the mega club. For more soccer news, check out *It's Called Football* at metronews.ca/blogs. **METRO NEWS SERVICES**

EDITOR: CHRIS.CLEMENTS@METRONews.CA



The image of this missed opportunity in Game 7 of the 2003 Stanley Cup final is seared into Dan Bylsma's memory. Now the head coach of the Pittsburgh Penguins, Bylsma is hoping his players have a better result against the Detroit Red Wings tomorrow night.

Bylsma pictures a better ending

Stanley Cup
2009 Final

Dan Bylsma is not sure if he saved the newspaper clipping. Didn't need to. The photo is seared in his memory.

It was a picture taken during Game 7 of the Stanley Cup final in 2003 and it shows Bylsma, then a player with Anaheim, attempting to swat a puck out of the air past New Jersey goaltender Martin Brodeur. Bylsma missed. The score remained 0-0 and the Devils went on to win the game 3-0 and the Cup.

"I had one more swing at it that I failed to make contact with," recalled Bylsma, now the coach of the Penguins, as he wondered if better batting skills

might have changed the game's outcome.

"But that's the agony and the beautiful thing of sport, that we play a game and we play it ... to win a Cup, to win a trophy, to be the best. When you don't get it, it's painful. And when you get it, it's glorious and you get a lot of good pictures. You take the bad ones if you don't win and you put them in a basement in a box somewhere.

"We're looking for one we can hang on the wall."

That picture perfect ending is what both Pittsburgh and Detroit are striving for tomorrow night when they meet in a Game 7 at Detroit's Joe Louis Arena to decide this year's Stanley Cup champion.

TORSTAR NEWS SERVICE

Emery back in NHL

HOCKEY The Philadelphia Flyers announced yesterday that they have agreed to a one-year deal with goaltender Ray Emery.

Emery cannot officially sign until the free-agent period starts July 1, but it has been reported the deal is worth approximately \$1.5 million.

"I really appreciate the opportunity I'm being given here," said Emery. "But at the same time I'm not say-

ing I'm not going to be a fiery guy. That's who I am and that's the way I play hockey."

The addition of Emery will mean that goaltender Martin Biron most likely will not be with the team next year as he will enter free agency.

**METRO
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Sports in brief

MONTREAL Quebecor Inc. and the Molson brewing family squared off with competing offers yesterday to buy the Montreal Canadiens. Neither bidder released financial details of their offers, but both said they

were committed to keeping the 100-year-old team in Quebec.

NBA DIVERSITY A new study by the University of Central Florida's Institute for Diversity and Ethics in Sport found that 43 per cent of the professional

positions in the NBA's league offices are held by women, giving the league its highest grade for gender. The NBA received men's pro sports' only "A" for a combined grade for race and gender.

SOCCER England moved to within three points of next year's World Cup finals by crushing Andorra 6-0 yesterday to win its seventh successive Group 6 qualifier.

METRO NEWS SERVICES

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the Bay

Crandell tackles new green role

LAURENCE HEINEN
for Metro Canada



Following a four-year stint with Saskatchewan's Gang Green, Marcus Crandell has joined a different type of Green Team.

Crandell suited up for the Saskatchewan Roughriders from 2005-08 before being released last August.

Although the 11-year veteran still has aspirations of playing for another Canadian Football League team, Crandell has switched his focus to his duties as vice-president of marketing and public relations with General Bio Energy.

"The guys are well aware of that and they're willing to work around whatever happens," said Crandell, who helped guide the Calgary Stampeders to a Grey Cup title in 2001. "Other guys that play in the CFL, they have other jobs as

well and they work around it."

Crandell joined the Regina-based firm last October and has been working hard to promote the launch of the company's MOPO Brand of fuels, fuel conditioners and environmentally-friendly canola-based additives and lubricants.

"It's all about word of mouth," Crandell said in regards to promoting the company that specializes in developing alternative energies and fuels. "I've been talking to everyone I know, telling them about ... what we're trying to do."

General Bio Energy president Troy Metz said Crandell will quarterback the company's "Green Team" of investor relations.

"Marcus believes in our vision and is passionate about sustainable products," Metz said. "We be-

lieve that his success on the field and leading an aggressive team will translate into success on our Green Team."

Before joining and investing in General Bio Energy, Crandell toured the company's facility and liked what he saw.

"Our whole plant from seed to tank is a green process,"

said the 35-year-old native of Charlotte, N.C., who resides in Regina with his wife and two sons. "That's what we're trying to promote. Everybody's looking for an environmental solution, so to speak."

Saskatchewan offensive lineman Jeremy O'Dea is also working as a director with General Bio Energy out of the Regina office, while Calgary offensive lineman Rob Lazeo has joined the company to head up sales in Alberta and British Columbia.



Marcus Crandell

BoSox down Yanks Yook goes deep



Boston's Kevin Youkilis hits a two-run homer against the New York Yankees last night at Fenway Park in Boston. The Red Sox won 6-5 and took sole possession of first place in the AL East.

SCOREBOARD

NHL

TOMORROW
Pittsburgh at Detroit

MLB

AMERICAN LEAGUE

YESTERDAY
TORONTO at Texas (ppd - rain)
Kansas City 9 Cleveland 0
Seattle 4 Baltimore 1
Tampa Bay 9 L.A. Angels 5
Boston 6 N.Y. Yankees 5

Detroit 2 Chicago White Sox 1
Minnesota at Oakland

TODAY

TORONTO at Texas
Detroit at Chicago White Sox
Minnesota at Oakland
Kansas City at Cleveland
Seattle at Baltimore
L.A. Angels at Tampa Bay
N.Y. Yankees at Boston

NATIONAL LEAGUE

YESTERDAY
Philadelphia 5 N.Y. Mets 4 (11 infs)

Pittsburgh 3 Atlanta 2
St. Louis 13 Florida 4

Houston 2 Chicago Cubs 1
Cincinnati at Washington
Colorado at Milwaukee
San Francisco at Arizona
San Diego at L.A. Dodgers

TODAY

St. Louis at Florida
Pittsburgh at Atlanta
Chicago Cubs at Houston
Colorado at Milwaukee
San Francisco at Arizona

Cincinnati at Washington
Philadelphia at N.Y. Mets

NBA

TODAY

SUNDAY

L.A. Lakers at Orlando

L.A. Lakers at Orlando

TUESDAY, JUNE 16

x-Orlando at L.A. Lakers

THURSDAY, JUNE 18

x-Orlando at L.A. Lakers

x-Only played if necessary

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Metro Homes

Get rid of odours

According to Fresh Wave, most deodorizers are chalk full of chemicals. To rid your home of odours naturally, try Fresh Wave's product line available at some pharmacies or online at fresh-wave.com. **METRO NEWS SERVICES**



EDITOR: DOUGLAS.DUNLOP@METRONEWS.CA

Great offer from Carrington Suites

Suite Talk

HARRY HODGE
for Metro Canada



Made popular in Vancouver, the new-to-Edmonton lock-off suite is a condo with two separate and self-contained units that share only the entrance and laundry.

"One half of the condo is a one bedroom and concept room suite and the smaller half is a lock-off studio apartment," said Nanette Charest, Sales

Manager of Carrington Communities.

The Lock-off suite provides homeowners an opportunity to own their condo and supplement their mortgage payments with rental income from the Lock-off studio apartment.

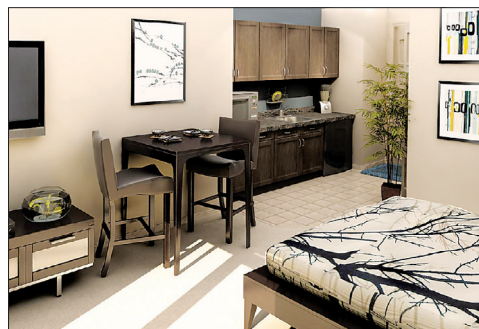
Another idea is the concept room, which offers buyers a special space that can be transformed into an exercise area, craft room, art studio, home office, baby room, library and more. The concept room is sectioned off from the rest of the suite by a modern and trendy sliding glass door.

Carrington Communities will source or build your concept room furnishings to suit your needs and create the ideal space for your lifestyle. Lock-off suites and concept room floorplans are

exclusive to Carrington Communities and are available at Urban Village on Whyte and L'Attitude

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Seen above are some shots from Carrington Communities suite.



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Your Money

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

The cost of growing your own

One author finds that each tomato in his garden cost him \$64

Vegetable gardening may not be as frugal a strategy as you think. Ask William Alexander, who wrote *The \$64 Tomato* (Algonquin Books, 2007, \$13.95) after going overboard on his own garden.

Alexander did the math, and calculated that by the time he was done "investing" in soil additives, plants, water, tomato cages, raised beds and more, the cost of each tomato was \$64.

But that won't stop most of us. During this recession, more people are gardening than have in many years. So what if they pay for the privilege? You could argue that it is a fun and healthy hobby and "saving" money is only an afterthought. Maybe so, but it's nice to save money in the garden, too.

Here's how:

None of this, by the way is revolutionary: Many of these tips have been around since Eleanor Roosevelt planted a victory garden at the White House in 1943.

Compost. Even a little:

Throwing table scraps (not meat or dairy) into a bin in the corner of your garden will yield rich soil additives, so you won't have to buy them at \$4 a bag.

Focus on exotic foods:

Don't waste your time and money growing basic tomatoes and peppers; they are on sale at the grocery and farmers' market right around the same time your crop comes in. Instead, choose unusual varieties that are always expensive: Heirloom tomatoes, Italian peppers, white eggplant.

Grow herbs:



Gardening enthusiasts are always dividing plants and not knowing what to do with extras. You can often get bushes for free from landscapers, too: They're always digging out something their customers don't want.

They are probably the most cost-effective item you can put in your garden. Grow basil and coriander from seed; they grow like weeds in many climates. One packet, sprinkled into a planter, will yield enough little plants to keep your whole neighbourhood in salsa and pesto for a year. Seriously.

You can also use herbs like rosemary, thyme and sage for landscaping. In many climates they'll come back year after year, and look as pretty as the flowers that you can't eat. If you have a big space to fill and don't mind mint taking over

your yard, plant mint. It will take over entire neighbourhoods, something you can think about while you're making your own free tea and juleps.

Buy smaller plants:

Little trees, shrubs and bushes adjust more easily to their new habitats, and they are way cheaper than big plants. It's not worth paying for the big tomato plants they often have at the home improvement centers. They are costly, and the little plants will catch up quickly once it's warm and sunny in your garden.

Sharecrop with your

neighbour:

Don't have space? Have too much space? Split the costs of one garden and let the garden enthusiast plant in the yard of the I-hate-to-garden neighbour. Split the crop fairly.

Get plants for free:

Check Craig's list (craigslist.com), Freecycle (freecycle.org), and your local gardening club for trades and giveaways. Gardening enthusiasts are always dividing plants and not knowing what to do with extras. You can often get good sized bushes for free from landscapers, too: They are always digging

out something their customers don't want so they can plant what they do. You can take the old plants off their hands.

Don't fall for the seed-starting kits:

By the time you add in the peat pots, starting soil, sun lamps and more, you'll end up paying extra for each tomato. Wait until late in the planting season and buy plants at a discount through your garden center, hardware store, or at the local farmers' market, where growers are increasingly adding

plants. If you've got the green thumb and want to start from seed, use egg cartons instead of spending money on pots.

Reuse water:

Many communities will give away rain barrels for just a few dollars. You can divert your gutter to run into the rain barrel and then use rainwater to keep your plants hydrated. You won't save very much, but you'll save a little. And feel like a real old-world farmer.

Shrink your lawn:

A smaller lawn means more space for flowers that you can cut and give away as gifts, instead of buying trinkets and bottles of wine. It also means less space that uses up water, fertilizer and mowing time.

Share big tools:

Share the gas-powered tiller and the electric trimmer, with your neighbours.

Eat more plant parts:

Greens from turnips, radishes and garlic are all delicious and nutritious. So, as more people are discovering, are dandelion greens.

Freeze as much as possible while it's fresh:

Even if you don't grow them yourself, you can buy berries cheap when berries are in season, corn when corn is in season.

Be lazy:

Leave pulled weeds and spent vegetable plants in the garden at the end of the summer. Turn them into the soil sometime during the fall. Another \$4 bag of soil enrichment you don't have to buy. REUTERS

Share
with your
neighbours



Mediterranean



Spicy Thai



Mighty Caesar



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To freeze berries whole, rinse lightly, dry well and hull. Arrange in a single layer and freeze until firm, then pack in plastic bags or containers. To freeze with sugar, sprinkle sugar over sliced strawberries — ¼ cup (175 ml) sugar per 4 cups (1 L) sliced strawberries. Mix well before packing into containers. **METRO NEWS SERVICES**

Food

Strawberries pack a wallop of healthy nutrients and with only 56 fat-free calories per cup. They provide folate, fibre, magnesium and potassium as well as antioxidants.

BARB HOLLAND/FOR METRO CANADA



High C
Strawberries are high in Vitamin C — just 1 cup (250 ml) meets your daily needs.

EDITOR: NINA.DRAGICEVIC@METRONEWS.CA

Strawberry fields forever

Don't believe The Beatles — these local strawberries won't be around for long

À la carte

Barb Holland

metronews.ca/alacarte

Homegrown strawberries are so worth the long wait. While the season always seems so short — usually a four week window from mid-June into late July (depending on weather of course) — some growers are planting 'day-neutral' strawberries, which ripen from mid-July to mid-October, with heaviest production in August and September. It is a small percentage but it's still tasty news.

Whether you pick your own or buy at a local farm or market, now's the time to enjoy ripe, sweet and juicy handpicked strawberries.

Super-Simple Sorbet

From author and New York Times columnist Mark Bittman's latest book, *Food Matters, A Guide to Conscious Eating* (Simon & Schuster), here is an easy and healthy recipe



Whether you pick your own or buy at a local farm or market, now's the time to enjoy ripe and juicy fresh strawberries.

from a book that is a worthy read. I've only made this with plain yogurt and it works well. Makes about 3 cups (750 ml).

INGREDIENTS:

- 1 lb (500 g) frozen strawberries or other seasonal fruit
- 1/2 cup (125 ml) plain yogurt, crème fraîche, or silken tofu
- 1/4 cup (60 ml) sugar, more or less
- Water as needed

METHOD:

Place strawberries, yogurt and sugar in food processor, and process until puréed and creamy, stopping to scrape down the

sides of the bowl as needed. If the fruit doesn't break down completely, gradually add some water through the feed tube a tablespoon or two at a time, being careful not to over-process the sorbet into liquid.

Serve immediately or freeze. To serve later, allow 10 to 15 minutes for the sorbet to soften at room temperature.

TIPS:

- If your food processor is not a large volume one, try half the recipe (or divide and make two batches).

Barb Holland is a professional home economist and food writer who believes in shopping locally and in season.

Canadian Living magazine is on sale now!

Canadian Living recipe of the month

Seafood Caesar Salad

INGREDIENTS:

- 1 pkg (340 g) large raw shrimp
- 2 whole squid, cleaned
- 1 tbsp (15 ml) each lemon juice and extra-virgin olive oil
- 1/4 tsp (1 ml) each dried Italian herb seasoning and pepper
- 1 head romaine lettuce, torn
- 2 cups (500 ml) croutons
- Dressing:**
- 3 tbsp (45 ml) grated Parmesan cheese
- 2 tbsp (25 ml) extra-virgin olive oil
- 1 tbsp (15 ml) lemon juice
- 1 tsp (5 ml) each Dijon mustard and anchovy paste
- 1 clove garlic, minced
- Pinch each salt and pepper
- Dash Worcestershire sauce
- 2 tbsp (25 ml) light mayonnaise

METHOD:



For more great recipes, visit metronews.ca.

Toss together shrimp, squid, lemon juice, oil, Italian seasoning and pepper. Place on greased grill over medium heat; close lid and grill, turning once, until shrimp are pink and squid is opaque, about 4 minutes. Slice squid into rings; set aside.

DRESSING: Meanwhile, in large bowl, whisk together cheese, oil, lemon juice, mustard, anchovy

paste, garlic, salt, pepper and Worcestershire sauce; whisk in mayonnaise.

Add lettuce and croutons; toss to coat. Top with shrimp and squid.

online

For more Tested-Till-Perfect recipes, visit canadianliving.com



On the web



New blogger:

- Travel along with Diane Thompson's culinary adventures in her *Global Peasant* blog. Visit metronews.ca/globalpeasant for her musings on a raw food diet challenge and a recipe for Rum Balls.

Local Savour

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This casual two-floor cafe has a display case full of spicy Indian dishes like tandoori chicken or tiki masala for less than \$10 each. Huge portions, all served with a side of warm pita bread.

Liquid Assets

Peter Rockwell

metronews.ca/liquidassets

Summer blush

With summer just around the corner a wine fan's thoughts turn to refreshing juice and drinking al fresco. I'm partial to a nicely chilled rosé.

Unfortunately I'm in the minority because in North America, a bottle of blush wine is the liquid equivalent of Rodney Dangerfield: It just can't get no respect.

A lot of the blame can be borne by the winemakers of old who put together their rosés with little thought and even less flavour. When white zinfandel became popular in the '70s, its slightly sweet personality was the toast of the town with the cooler crowd though it still couldn't get arrested at a traditional wine tasting.

And then there's **Portugal's Mateus (\$8.95 - \$10.99)**. For those of you who just rolled your eyes — give it a rest. I bet you haven't tried it since you emptied a bottle to use as a candle holder back in college. Its light spritz and relaxed flavour of orange zest, plum and dry raisin is still quite charming and worth revisiting.

The selection of rosés across the country is extensive with lots of new, interesting wines hitting store shelves this month. Open your mind and mouth and give a few a try.

Prices reflect the range across the country. Some products may not be available in all provinces.



Peter Rockwell is the everman's wine writer, working in the liquor industry for more than 25 years and travelling the globe looking for something to fill his glass and put into words.

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Style

Love, money, sex—what's next for you? Find out in the 2009 horoscope special, only in our July issue!

EDITOR: ANN-MARIE.COLACINO@METRONEWS.CA

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(\$118, at Gap)



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SAFARI

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BZR (\$195,
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leather knapsack,
High Fashion
Handbags (\$138,
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bags@bellent.ca)



Leather sandals,
MICHAEL
Michael Kors
(\$168, 1-866-
733-5677)

SURF 'N' TURF

Carefree, beachy waves capture summer's relaxed vibe. **EXPERT** Sally Hershberger, celebrity hairstylist ● Apply a styling primer to freshly washed hair and use a blow-dryer to rough-dry it, scrunching it to give it texture. ● Divide hair into sections and curl with a large-barrelled iron, then rake your fingers through it to mess it up. ● Apply a finishing cream to the ends for a sexy, piecey look.



Sally Hershberger
Style Primer for
Normal to Thin Hair
(\$12)



Conair Infiniti Pro-
fessional Tourma-
line Ceramic Curl-
ing Iron (\$40)

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There's going to be a baby next door. Kendra Wilkinson and her fiancé, NFL star Hank Baskett, are going to become parents, she has confirmed. The *Girls Next Door* E! reality star told E! News' Marc Malkin. **PEOPLE.COM**

Entertainment

EDITOR: DEAN.LISK@METRONWS.CA

☆☆☆☆ A CLASSIC; ☆☆☆☆ EXCELLENT; ☆☆☆ GOOD; ☆☆☆ FAIR; ☆☆☆ POOR

The beginning of The E.N.D.?

Black Eyed Peas

Album: The E.N.D.
Label: Interscope/Universal
Rating: ☆☆☆

IF THERE'S ANYTHING

we can hope from The E.N.D. it is that the album title's acronym is foreshadowing the band's future. On the group's fifth disc they do what they do best — create dance floor ready beats and saccharine melodies. However, this time they're using heavy electro thumps, copious amounts of vocoder and some of their tunes weave in and out of multiple genres so frequently that they sound like a mash-up. (I Gotta Feeling could be a



remix of U2 and the Ting Tings.) Of course this will be huge, but ultimately they've delivered another middling disc.

Bryan Borzykowski/for Metro Canada

Spinal Tap

Album: Back From the Dead
Label: Sonic Unyon
Rating: ☆☆☆

THE GREAT-EST BAND that never was celebrates the 25th anniversary of This Is Spinal Tap! with a wonderfully packaged new CD/DVD that offers six new songs and re-workings of the 11 originals from the 1984 mockumentary. There's even a reggae version of (Listen to



On new disc The E.N.D., the Black Eyed Peas create dance floor ready beats and saccharine melodies.

The Flower People. The Tap are played expertly both musically and theatrically by actors Christopher Guest (Nigel Tufnel), Harry Shearer (Derek Smalls) and Michael McKean (David St. Hubbins). With the help of ringers like Keith Emerson

and Steve Vai, this record fixes early production mistakes and raises metal mediocrity to new lows with tracks like the always-hinted-at-but-never-heard Jazz Odyssey. Once you've spent an hour putting together the cardboard stage

and figurines, the joy is figuring out from which classic rock album each riff is lifted. The DVD deserves careful study as Guest, Shearer and McKean deadpan their way through the history of each track.

Graham Rockingham/for Metro Canada

MusicReviews

music@metronews.ca

Sonic Youth

Album: The Eternal
Label: Matador
Rating: ☆☆☆

SONIC YOUTH

has released one of the most accessible albums of its career.



The Eternal is filled with grungy distorted down strokes and infectious melodies, but it's not a pop album like the last record was. This disc is filled with discord, mystery and frustration, not to mention a newfound energy and all of the good, focused songwriting that's made this four-some famous.

Bryan Borzykowski/for Metro Canada

Paolo Nutini

Album: Sunny Side Up
Label: Atlantic
Rating: ☆☆☆

PAOLO NUTINI

is a 22-year-old Scottish singer with an Italian background and a voice of that fits as easily into the Village folk scene of the early '60s as it does in the reggae-ska tradition of Toots Hibbert, the kick-ass soul of Otis Redding and the Mardi Gras boogie of Professor Longhair. What's shocking is how easily all these retro shoes fit him. There are times, especially on folkie tracks Tricks of the Trade, Chamber Music and Simple Things, when he sounds like a wizened old veteran of the coffee house circuit.

Graham Rockingham/for Metro Canada

Listen to this week's reviewed music at metronews.ca/music

Kenya'sStyle

Kenya Hunt

Read the blog at metronews.ca/kenyasstyle

critics'corner

30 Rock

Is that her biological clock, or is she just glad to see him? Liz (Tina Fey) develops a serious attraction for a new guy (Peter Dinklage), but Jenna (Jane Krakowski) thinks it's less about this guy being Mr. Right and more about Liz's desire to have a child. Jack (Alec Baldwin) helps Tracy and his wife (Tracy Morgan, Sheri Shepherd) with a "post-nup." Salma Hayek also guest stars in "Senor Macho Solo." 10:31 PM on CKEM KHQ



Manticore

U.S. troops in Iraq find themselves facing what may be the ultimate "weapon of mass destruction," but it doesn't belong to Saddam Hussein. It's the terrifying title monster from Persian legend, which has the body of a lion, a tail that stings and a really, really nasty disposition, especially toward those intruding on its ancient homeland. Robert Beltran ("Star Trek: Voyager") and Heather Donahue ("The Blair Witch Project") star. 7 PM on SPACE

ED	C	B	S	7:00	7:30	8:00	8:30	9:00	9:30	10:00	10:30	11:00
6/11/09	2	CFRN	239	318	etalk	Hollywood	(8:01) The Listener	CSI: Crime Scene Investg.	So You Think You Can Dance	The Office	30 Rock	News (N)
	3	KHQ	-	370	News	Be-Millionaire	Jeopardy! (N)	Wheel-Fortune	I'm a Celebrity, Get Me Out.	CBC News: The National	The Hour	The Listener
	4	CBXT	-	307	22 Minutes	Laughs	Doc Zone (HDTV)	Doc Zone (HDTV)	Old Christine	Old Christine	The Mentalist	The Hour
	6	KREM	-	372	News (N)	Hollywood	The Doctors	Jimmy Kimmel	Friends	30 Rock	30 Rock	The Mentalist
	7	CKEM	241	347	Law & Order: SVU	Harper's Island "Seep"	Law & Order: UK "Care"	Bones (HDTV PA)	Bones (HDTV PA)	The Simpsons	King	Your City
	8	CITY	240	339	ET Canada	Entertainment	News	News	News	The Simpsons	King	News Hour
	11	OMNI	-	-	Two/Half Men	The Simpsons	News	News	News	The Simpsons	King	Metropia
	13	KXLY	-	371	NBA Basketball Finals Game 4 -- Los Angeles Lakers at Orlando Magic.	News	News	News	News	Storm Stories	Storm Stories	Entertainment
	16	KAYU	-	373	The Simpsons	Raymond	Two/Half Men	Bones (HDTV PA)	Bones (HDTV PA)	So You Think You Can Dance	News (N)	News (N)
	18	KHTV	-	-	The Insider (N)	E! News	The E! True Hollywood Story	Name Is Earl	10 Items-Less	The Beast	News (N)	News (N)
	22	KSPS	-	374	NewsHour With Jim Lehrer	Adventure Lodges	Adventure Lodges	Midsomer Murders	Midsomer Murders	MI-5 "Clean Skin"	Artists Den	Artists Den
	24	WTVS	-	364	(6) Best of Pledge	News	News	News	News	Tavis Smiley	Charlie Rose (N)	Nature-Things
	15	CBCTN	502	-	CBC News: The National	CBC News: The National	CBC News: The National	CBC News: The National	CBC News: The National	CBC News: The National	CBC News: The National	CBC News: The National
	21	TWN	505	398	(5) EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch One	EarthWatch One
	27	CNN	500	500	Larry King Live (N)	News	News	News	News	Larry King Live	Cooper 360	Cooper 360
	54	CTVNI	501	391	CTV News Tonight	News	CTV News	News	CTV News	Commodities	Business News	News
	70	BNN	504	508	Squeeze Play	Market Call	Market Call	Market Call	Market Call	Commodities	Business News	Squeeze Play
	20	TSN	400	400	NBA Basketball Finals Game 4 -- Los Angeles Lakers at Orlando Magic. (HDTV) (Live)	News	News	News	News	SportsCentre	E-60	MMMA Conn
	23	net	408	418	(6) MLB Baseball Toronto Blue Jays at Texas Rangers.	Score Tonight	Score Tonight	Score Tonight	Score Tonight	SportsCentre	E-60	Pinks -- All Out
	47	SPEED	417	406	Pinks -- All Out (HDTV)	Wrecked (N)	Wrecked (N)	Wrecked (N)	Wrecked (N)	Pinks -- All Out (HDTV)	Pinks -- All Out (HDTV)	Pinks -- All Out
	94	SCORE	410	403	Poker Challenge	Score Tonight	Score Tonight	Score Tonight	Score Tonight	Final Score	Final Score	Final Score
	9	EDACC	267	313	Alberta Primetime (Live)	Greek	Greek	Greek	Greek	Private Practice	Private Practice	Private Practice
	14	YTV	552	543	Drake & Josh	Family Biz	Family Biz	Family Biz	Family Biz	In Real Life	In Real Life	Falcon Beach
	17	TREE	553	546	Little Bear	Maggie-Bear	Maggie-Bear	Maggie-Bear	Maggie-Bear	Backyardigans	Ni Hao, Kai-lan	Go, Diego, Go!
	42	TOON	555	545	Ben 10	Johnny Test	Johnny Test	Johnny Test	Johnny Test	Futurama	Pan's Labyrinth (2006)	Ned's School
	45	FAM	557	541	Zoe 101	Life Derek	Life Derek	Life Derek	Life Derek	Wizards-Place	Life Derek	Ned's School
	-	TVA	121	714	TVA 18 heures	Sucre-salé	Sucre-salé	Sucre-salé	Sucre-salé	Destination Nor'Ouest (SC)	Reba	TVA 22 heures
	18	CHT	575	583	Reba	Reba	Reba	Reba	Reba	Home Improve.	Home Improve.	Reba
	25	A&E	615	520	The First 48 (HDTV)	Crime 360 (HDTV) (N)	Crime 360 (HDTV) (N)	Crime 360 (HDTV) (N)	Crime 360 (HDTV) (N)	The First 48 (HDTV)	The First 48	The First 48
	26	MMM	571	581	The Daily Fix	Entourage	Entourage	Entourage	Entourage	Gene Simmons	Entourage	Entourage
	29	FOOD	603	561	Jamie Oliver's Ministry	Ace of Cakes	Ace of Cakes	Ace of Cakes	Ace of Cakes	Unwrapped	Jamie Oliver	Jamie Oliver
	31	SHOW	617	522	Trailer Park	The Outer Limits	The Outer Limits	The Outer Limits	The Outer Limits	Storm Cell (2008, Drama) Mimi Rogers.	Storm Cell (2008, Drama) Mimi Rogers.	Storm Cell (2008, Drama) Mimi Rogers.
	32	DISC	520	505	Man vs. Wild	MythBusters	MythBusters	MythBusters	MythBusters	Man vs. Wild	Man vs. Wild	Man vs. Wild
	33	SLICE	601	562	10 Pounds	Bulging Brides	Bulging Brides	Bulging Brides	Bulging Brides	Real Housewives NYC	Trading Sp	Trading Sp
	34	W	602	567	Style by Jory	Style by Jory	Style by Jory	Style by Jory	Style by Jory	Confidential	Save Us-House	Divine Design
	35	SLC	521	506	American Chopper (HDTV) (N)	Truth Be Told	Truth Be Told	Truth Be Told	Truth Be Told	Truth Be Told	Truth Be Told	Miami Ink
	36	BRAVO	620	523	Foolproof ** (2003, Suspense) Ryan Reynolds.	Law & Order "Proffiter"	Law & Order "Proffiter"	Law & Order "Proffiter"	Law & Order "Proffiter"	Without a Trace	Without a Trace	Without a Trace
	38	SPIKE	628	584	TNA Wrestling (HDTV) (N)	Pros vs. Joes: All Stars	Pros vs. Joes: All Stars	Pros vs. Joes: All Stars	Pros vs. Joes: All Stars	MANswers	GameTrailers	MANswers
	40	HIT	522	506	Metropolis "Venice"	NCIS "Switch"	NCIS "Switch"	NCIS "Switch"	NCIS "Switch"	Anticp Discoveries	Anticp Discoveries	Anticp Discoveries
	41	COM	626	547	Laughs	Comedy Now	Comedy Now	Comedy Now	Comedy Now	The Simpsons	South Park	Comedy Now
	43	SPACE	627	528	Manticore * (2005, Science Fiction)	Robert Beltran.	Robert Beltran.	Robert Beltran.	Robert Beltran.	Star Trek: Next Gener.	Trek: Voyager	Trek: Voyager
	44	WPCH	624	650	Friends	Friends	Friends	Friends	Friends	Family Guy	Family Guy	Family Guy
	46	OLN	411	457	Mantracker	Bounty Hunter	Bounty Hunter	Bounty Hunter	Bounty Hunter	Mantracker	Bounty Hunter	Bounty Hunter
	48	TROP	619	525	North of 60	Traders	Traders	Traders	Traders	Seinfeld	Raymond	Family Guy
	50	STAR	621	527	Paris Hilton's My New BFF	Tonight Show-Conan O'Brien	Tonight Show-Conan O'Brien	Tonight Show-Conan O'Brien	Tonight Show-Conan O'Brien	Paris Hilton's My New BFF	Ellen Show	Ellen Show
	52	HGTV	600	564	Disaster DIY	Big Amazing	Big Amazing	Big Amazing	Big Amazing	Disaster DIY	Big Amazing	HolmesOrleans
	55	TLN	700	800	(6) Topo Galileo (Italian).	Raymond	Raymond	Raymond	Raymond	The Sopranos (SS)	Paid Program	Paid Program
	56	APTN	269	550	Warriors: TKO	Wapos Bay	Wapos Bay	Wapos Bay	Wapos Bay	Family Dancing	Family Dancing	Family Dancing
	93	VISION	261	394	The Ghost and Mrs. Muir *** (1947, Fantasy)	Fantasy	Fantasy	Fantasy	Fantasy	The Ghost and Mrs. Muir (1947, Fantasy)	Canada-Model	Canada-Model
	100	MTV	581	566	College Life "Year End"	Canada's Next Top Model	Canada's Next Top Model	Canada's Next Top Model	Canada's Next Top Model	Hills Wedding	Living on Edge	Technical Diff.
	101	MM	570	580	Paris Hilton's My New BFF	Video on Trial	Video on Trial	Video on Trial	Video on Trial	Paris Hilton's My New BFF	Ellen Show	Ellen Show
	102	CPAC	512	396	(6:30) Primetime Politics	Revue	Revue	Revue	Revue	Prime-Politics	Primetime Politics	Prime-Politics
	103	VIVA	526	507	The Closer "Batter Up"	Passion	Passion	Passion	Passion	Judging Amy	Most Haunted	Most Haunted
	106	RDI	126	730	Le Téléjournal (SC)	RDI en direct	RDI en direct	RDI en direct	RDI en direct	24 Heures en 60 minutes	Le Téléjournal	Le Téléjournal
	161	SUPER	-	-	The X-Files: I Want to Believe (2008)	(8:45) Return to House on Haunted Hill	(8:45) Return to House on Haunted Hill	(8:45) Return to House on Haunted Hill	(8:45) Return to House on Haunted Hill	(10:15) Terror's Advocate (2007)	(10:15) Terror's Advocate (2007)	(10:15) Terror's Advocate (2007)

Van Der Beek, wife split

James Van Der Beek and his wife, actress Heather McComb, have separated, his rep confirms to usmagazine.com exclusively. "They remain good friends," his rep tells Us. **METRO NEWS SERVICES**



Importance of being Bella

Stewart brings Twilight role back to life in New Moon

TALIA SOGHOMONIAN
Metro World News



It is the role that catapulted her to stardom, and Kristen Stewart is about to reprise her part as Bella in the hotly anticipated sequel to Twilight — New Moon

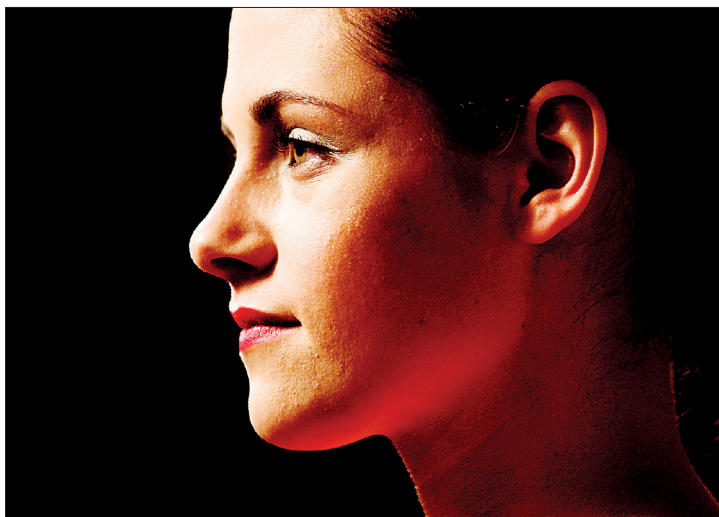
Q What is it like to be back on set doing another Twilight?

A It's a little bit surreal to be back doing a second one just because it's something that I thought about for an entire year and now it's happening. But it's sort of like I couldn't wait any longer. It's hard. Usually you finish a movie and there's a very long grieving process. You have to lose the character... In this case, I couldn't drop her completely and I worked

in between, which is a strange sensation. It's weird how easy it was to slip right back into it... I don't know, but it feels good. It feels like I can finally release the pressure.

Q Isn't that pressure kind of self-inflicted?

A Yeah, I have that feeling on every movie that I do. It's just that this one I had to wait a year to do the next one. Unless there's something about the story or that character that I'm playing literally needs to be fulfilled, like consummated, unless it's actually lived through and physically manifested, it's just a story and it's not done. So until you actually bring it to life, you basically have the capability of murdering the character on the page. If you don't do it justice, then



Twilight heroine Bella "loses the man she's in love with" in New Moon, Kristen Stewart says.

nobody else is ever going to see those things and you're never going to learn from those experiences because you didn't do it right. So yeah, the thought of having to live through something that I find so worthwhile

and then subsequently have people learn from that through your own experience, I would do anything — I would jump off a cliff for it. Oh! There's cliff-jumping in our movie. Perfect! (Laughs)

Q What are the changes in this second instalment? Your character Bella takes risks again...

A Well, she loses what basically gives her the drive

to do anything in her whole life. She loses the man she's in love with, but she also loses her entire life plan and she's so young to have to be forced into a decision like that and then have it stripped from you. It's just a glorified, elaborate version of the worst breakup you've ever been to... Oddly, we have a character that's warm enough and bright enough to bring her out of that. And it's truly gut-ripping. Because as perfect as Jacob is for her, she holds on to an ideal, the ultimate, fiery love that she has for Edward even though it's not comfortable, it's not practical and it's not a good idea.

More New Moon

- Read more of Kristen Stewart's interview with Metro online at metronews.ca.
- Tomorrow we conclude our series with an interview with Robert Pattinson.

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When publicist Samantha Bryant became engaged to actor Colin Hanks, her future mother-in-law Rita Wilson "gave Samantha a \$10,000 handbag to congratulate them," a source told Page Six. No word on what, if anything, Tom Hanks got the happy couple. **METRO WORLD NEWS**

Best mother-in-law ever

Celebrity Buzz

Jacko's Rainbow Choir

ECCENTRIC Bizarre demands may be tripping up preparations for Michael Jackson's comeback concert in London.

The singer reportedly wants a children's choir to back him up, but he has very specific requirements for the kids, according to the Daily Mirror.

Every young singer must be able to do

sign language as well as sing, according to a source, who added that Jackson has requested the choir be made up of "exactly equal" numbers of black, white, mixed-race and Asian children.

METRO WORLD NEWS

GETTY IMAGES



Brit finds love with agent?

ROMANCE RUMOURS Britney Spears is dating her agent, femalefirst.co.uk reports.

The singer — who has been romantically linked to everyone from paparazzo Adnan Ghalib to her backup dancers — has reportedly found love with Jason Trawick.

The 27-year-old star's strict father, Jamie Spears — who took legal control of Spears' personal and financial affairs last year — is said to approve of her new man.

A source said: "They are totally and definitely dating. Her dad loves him. He's the best thing that has happened to her."

Spears — who has two children, Sean Preston, three, and Jayden James, two, with ex-husband Kevin Federline — has been photographed with Trawick

several times in the past few months.

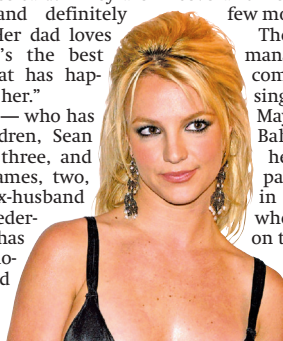
The 37-year-old manager even accompanied the singer on her May trip to the Bahamas with her boys. The pair is currently in London, where Spears is on the U.K. leg of her The Circus Starring Britney Spears tour.

Friends claim the star fell for Trawick — who is a childhood friend of her brother Bryan — when they first met a few years ago.

The source added to People magazine: "They're very sweet together. Britney has always had a crush on Jason. He makes her really happy, and he's great with the boys."

Spears' representative has yet to confirm the relationship.

METRO NEWS SERVICES



Art fan Brad splurges on \$1M painting

PATRON OF THE ARTS A belated 34th birthday gift for Angelina Jolie? On Tuesday, her partner Brad Pitt dropped major bucks at Art Basel, an international art show for modern and contemporary works in Basel, Switzerland, us-magazine.com reports.

The actor spent \$956,000 US on a Neo Rauch oil painting, entitled Etappe,

according to Bloomberg. The nine-foot-wide painting, done in 1998, shows a swirling view of a driver behind a red racecar, with workers nearby carrying hoses.

According to the Wall Street Journal, Pitt eyed the painting for several minutes

while rubbing his goatee and fidgeting with his tweed hat. He initially walked away.

"He's on the fence. Nothing wrong with that, I guess," New York dealer David Zwirner said.

But within

minutes, Pitt returned with Los Angeles collectors Eli and Edythe Broad and made the big purchase.

It wasn't the first time Pitt splurged on art. Last year, he bought a white marble table by a Dutch designer and an aluminum rug by a Colombian designer at the same show, us-magazine.com adds.

METRO NEWS SERVICES



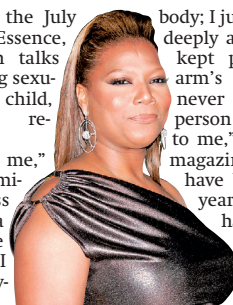
I was a sex abuse victim: Latifah

CONFESSION In the July issue of Essence, Queen Latifah talks about surviving sexual abuse as a child, popeater.com reports.

"He violated me," the Oscar-nominated actress said of a teenage male babysitter. "I never told any-

body; I just buried it as deeply as I could and kept people at an arm's distance ... I never really let a person get too close to me," she told the magazine. "I could have been married years ago, but I had a commitment issue."

METRO NEWS SERVICES



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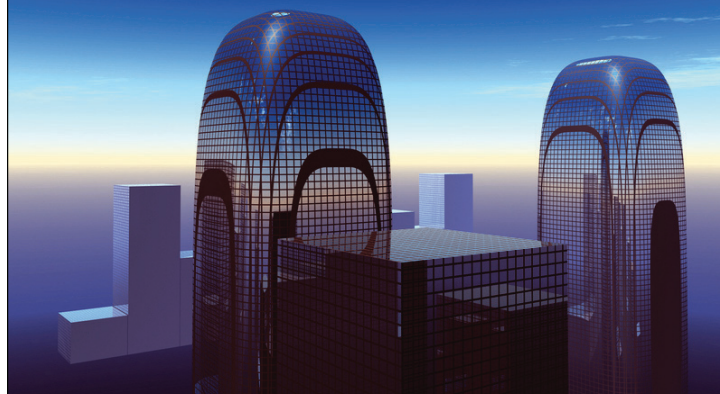
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No purchase necessary. Contest open to Canadian residents of legal age, excluding residents of Quebec. Contest closes July 31, 2009 at 11:59pm. For full contest rules and details, visit www.metronews.ca

OPEN HOUSE



THURSDAY, JUNE 11th
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Today
Mostly sunny.
24°C / 5°C



Friday
Sprinkles late.
26°C / 7°C



Saturday
Sprinkles early.
27°C / 10°C

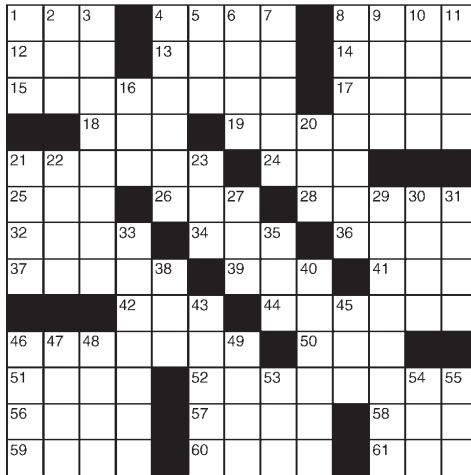


Michele McDougall, Weather Specialist & Host — Breakfast Television

"My favourite part is reporting the weather. It fascinates me, and as we know around here, it's always changing, keeping forecasters on their toes!" **WEEKDAYS AT 6 A.M.**



Take Five



Crossword across

- 1 Suitable
4 Agenda entry
8 Inquisitive
12 Scratch
13 Evoking an "eeww!"
14 Killer whale
15 Offstage aide
17 "Hud" Oscar winner
18 Swab the deck
19 Charming innocent
21 Be unsteady
24 Nosh
25 Fuss
26 Early bird?
28 Ball-rolling game
32 Typeface choice
34 Chic no more
36 Entreat
37 Halloween option
39 Possibly will
41 Galena, e.g.
42 Shell-game need
44 Stuck
46 Tea with fabled powers
50 Take blades to blades
51 Mine entrance
52 Openings for aglets
56 Region
57 Unrivaled
58 Author Buscaglia
59 Winged
60 Basin accessory
61 Put down

Crossword down

- 1 Music booster
2 Standard
3 Brass member
4 Drink
5 Performance
6 Distort
7 Short liturgical prayer
8 Direct, as a flight
9 Hydrox rival
10 Con job
11 Elis' campus
16 Unruly bunch
20 Apprehend
21 Float gracefully
22 Smell
23 Freudian concept
27 Wrigley product
29 Ironsides commander
30 Concern
31 Kept tabs on
33 Mixologist
35 — Mahal
38 Ball-bearing item
40 Talk on and on
43 Viewpoint
45 Off-tattooed word
46 Mideastern Strip
47 "American —"
48 Ship of 1492
49 Expand
53 A Chorus Line song
54 Earl Grey, for one
55 Sauce source

PREVIOUS DAY'S CROSSWORD AND SUDOKU ANSWERS:



6	4	8	2	9	1	5	3	7
3	2	1	6	7	5	8	9	4
7	5	9	8	4	3	6	2	1
8	7	5	4	3	2	1	6	9
4	1	3	9	6	8	7	5	2
2	9	6	1	5	7	3	4	8
1	8	4	5	2	6	9	7	3
5	3	2	7	8	9	4	1	6
9	6	7	3	1	4	2	8	5

Find today's answers + play more games at metronews.ca

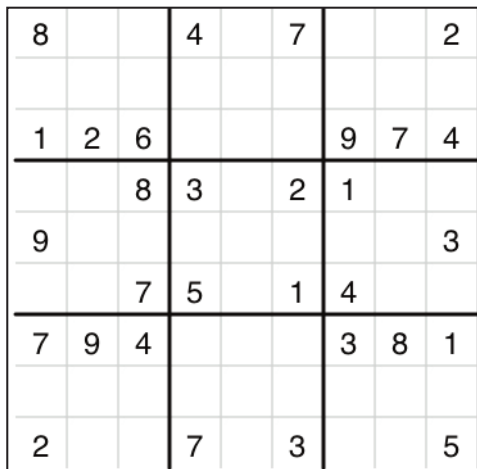
SUDOKU SOLVE TIME:

- Under 13 minGenius
13-17 minScholar
17-21 minSmart
21-25 minNot bad
25+ minKeep practising

Sudoku

For more/less challenging Sudoku puzzles, visit metronews.ca

HOW TO PLAY: Digits 1 through 9 will appear once in each zone — one zone is an outlined 3x3 grid within the larger puzzle grid. There are nine zones in the puzzle. Do not enter a digit into a box if it already appears elsewhere in the same zone, row across or column down the entire puzzle.



Metro Recipe of the Day



Crispy Tuna Steak in Citrus Sauce

INGREDIENTS:

- 2 large oranges
1-1/2 cups (375 ml) orange juice
2 tbsp (25 ml) dry white wine (optional)
2 tbsp (25 ml) cornstarch
2 tbsp (25 ml) chopped fresh cilantro
2 tbsp (25 ml) cornmeal
1/2 tsp (2 ml) salt
1/4 tsp (1 ml) black pepper
4 tuna steaks (1/2 in./1 cm thick)
4 tsp (20 ml) olive oil

METHOD:

1. Peel oranges.
2. Section oranges. Whisk orange juice, wine (if using) and cornstarch in small saucepan until smooth. Bring to boil over medium-high heat and cook, stirring, until sauce boils and thickens, 2 minutes. Remove from heat

and stir in orange sections. Keep warm.
3. Mix cilantro, cornmeal, salt and black pepper in pie plate. Coat both sides of tuna steaks with cornmeal mixture, pressing firmly so mixture adheres.
4. Heat 2 tsp (10 ml) oil in large cast-iron frying pan over medium-high heat until hot but not smoking. Sear tuna until done to taste, 2 to 3 minutes on each side for medium-rare. Add remaining oil just before turning fish. Serve with sauce.

SERVES 4



Horoscopes by Sally Brompton

sallybrompton.com

ARIES
MARCH 21-APRIL 20
You will have plenty to say for yourself today. If partners and loved ones and colleagues are smart they will listen to your advice. If not, they'll lose out.

LIBRA
SEPT 23-OCT 23
You can't take a break just yet, but you can take your mind off your worries: Lose yourself in a new book, the latest film or your favorite music today.

TAURUS
APRIL 21-MAY 21
For too long you have drifted along not worrying too much about where the next dollar is coming from but now you need to start making serious plans.

SCORPIO
OCT 24-NOV 22
The stars warn you have been living beyond your means for a while and you have got to do something about it over the next few days.

GEMINI
MAY 22-JUNE 21
If you know what you want there is nothing that can stop you from getting it, except maybe your own self-doubt.

SAGITTARIUS
NOV 23-DEC 21
The sun in your opposite sign means you are unlikely to get far today unless you are willing to work with other people as part of a team.

CANCER
JUNE 22-JULY 22
However bad things might seem at the moment they should get better before the end of the month according to the cosmic setup.

CAPRICORN
DEC 22-JAN 20
Cosmic activity indicates you have to deliver on what you have promised, even if it means burning the candle at both ends for a few days.

LEO
JULY 23-AUG 23
Even if something goes wrong today it won't stop you from carrying on as before. Others may give up when the going gets tough, but not you.

AQUARIUS
JAN 21-FEB 18
Forget about what is going on in the world and focus on the one issue, and the one person, that mean more to you than anything, or anyone, else.

VIRGO
AUG 24-SEPT 22
For some strange reason others seem to believe you are incapable of finishing what you started and you must go out of your way to prove them wrong.

PISCES
FEB 19-MARCH 20
If you make too loud a noise today about what you see as an injustice someone will make life difficult for you over the weekend and early next week.

WORDY GURDY®
BY TRICKY RICKY KANE

1. Popular pop on a tree with acorns (1)
2. A.M. moisture on a tree for archery bows (1)
3. German mug from a tree with cones (1)
4. Dirt blemish on a tree for canoes (1)
5. Tortoise cousin in a bushy shrub (2)
6. Scourer of a tree for tire-making (2)
7. Magician's craft on a tree for walking sticks (3)

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ANSWERS:
1. DIRT
2. MIST
3. MUG
4. SPOT
5. TORTOISE
6. RUBBER
7. MAGICIAN

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